

Friendship Soup Mix

½ cup dry split peas
1/3 cup beef bouillon granules
1/4 cup pearl barley
1/3 cup dry lentils
1/4 cup dried minced onion
2 teaspoons Italian seasoning
½ cup uncooked long grain rice
½ cup alphabet macaroni or other small macaroni

Additional Ingredients:

1 pound ground beef ***
3 quarts water *****
1 can (28 ounce) diced tomatoes

Preparation:

In a 1 pint jar, layer the first seven ingredients in the order listed. Seal tightly. Put ½ cup small macaroni in plastic wrap and tie in calico which can then be tied around neck of jar.

Yield 1 batch.

Instructions to Attach to Jar

To prepare soup, carefully remove macaroni from the top of the jar and set aside. In a large saucepan or Dutch oven, brown beef; drain. Add the water tomatoes and soup mix. Bring to a boil. Reduce heat, cover and simmer for 45 minutes. Add the reserved macaroni, cover and simmer for 15 to 20 minutes or until the macaroni, peas, lentils, and barley are tender.

Yields 4 quarts.

*** You can use any kind of meat you desire, i.e., chicken, turkey, pork, etc.

***** For a richer soup, use broth instead of water.